

## **Intimate Care**

**Safeguarding and Welfare Requirement: Safety and suitability of premises, environment and equipment**

Providers must ensure there are suitable hygienic changing facilities for changing any children who are in nappies.

## **6.4 Intimate Care**

### **Policy statement**

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. Staff will support parents towards toilet training, (GSC will request the child be in 'pull up' nappy pants at this stage.) unless there are medical or other developmental reasons why this may not be appropriate at the time.

Staff will use nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not, yet toilet trained.

GSC see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults. Staff will discuss with parent the possibility of using a sticker reward system during this time

### **Procedures**

- Staff have a list of children in their care who are in nappies or 'pull-ups', nappies are 'changed' frequently'.
- GSC have a list of personalised changing times for each child in their care who are in nappies or pull ups. Nappies are changed according to this schedule or more frequently where necessary.
- Staff work with parents to toilet train the child, discussing options for individual children.
- GSC will speak with parents about using pull ups, which staff will treat as pants if their child is regularly having accidents. This is in the interest of hygiene and safeguarding all children.
- Preschool staff always leave the door open when changing a child ensuring that children are always changed within sight of other staff whilst maintaining their dignity and privacy. GSC do not allow volunteers to perform personal care. Apprentices do not perform personal care until deemed competent by manager.
- Each child is required to bring their own bag containing their nappies or pull ups, disposable bags, wipes and extra clothing.
- Staff use relevant PPE such as gloves. Additional PPE is available if staff require it (such as during pandemics/epidemics/infections). Changing areas are prepared before changing starts, mat is wiped with anti-bac cloth for each child.
- All our staff are familiar with our hygiene procedures and carry these out when changing nappies.
- Staff do not leave a child unattended when changing a nappy. Staff avoid pulling faces and making negative comments about 'nappy contents'.
- Staff do not make inappropriate comments about children's genitals when changing their nappies.
- In addition, staff ensure that nappy changing is relaxed and a time to promote independence in young children.
- Staff encourage children to wash their hands and have soap and towels to hand. They are allowed time to explore the water and the soap.

- GSC do not use anti-bacterial hand wash liquid or soap for young children, unless necessary; young skin is quite delicate and anti-bacterial products kill off certain good bacteria that children need to develop their own natural resistance to infection.
- Children access the toilet when they have the need to and are encouraged to be independent.
- Staff dispose of nappies and pull ups hygienically. Any soil (faeces) in nappies or pull ups is flushed down the toilet and the nappy or pull up is bagged and put in the bin. As we have no facilities to rinse cloth nappies and trainer pants, parents are asked not to use these.
- Staff know they have a 'duty of care' towards children's personal needs and will not intentionally leave a child in a soiled nappy as this could be deemed as neglect. To avoid this staff are guided by the "changing book" which is completed by staff daily.

This policy was adopted by

GSC Ltd

On

May 2021

Date to be reviewed

May 2022

Signed on behalf of the provider

Gaddesby School Community

Name of signatory

Linda Dunmore

Role of signatory (e.g. chair, director or owner)

Manager